



LEE U SPA



LEE U COLLECTION

THE ART OF HUMAN TOUCH



Dedicated to the quiet wisdom of the human body, and to the healing
that begins when one human being truly cares for another.



THE ART OF HUMAN TOUCH



Touch was our first language.
Before words, we knew the comfort of a hand.
Before we understood healing,
we understood the instinct to hold.

Here, at Leeu Spa,
we invite you to listen again.

Surrender.
Allow yourself to be
taken care of through our
greatest gift.
Intentional human touch.

This is not a journey towards
becoming someone new.
It is a journey of remembering.
A gentle return to what has
always been within you.
Your being. Your essence.

It is my privilege to welcome you.

Warmly,
Hildegard

An aerial photograph of a garden, showing a central path that divides the space into symmetrical sections. The garden is filled with various plants, including tall, thin stalks and low-lying greenery. The path is made of dark, rectangular stones. The overall layout is highly symmetrical, with plant beds on either side of the central path. The lighting is soft, creating a warm, golden glow across the scene.

REGENERATIVE AUGUSTINUS BADER FACIAL JOURNEYS

Where advanced Science meets the art of touch.
Visible transformation. Profound restoration.

The symmetry between a garden and a face lies not in perfection, but in stewardship. Both are living landscapes, quietly shaped by light, time, nourishment and devoted hands.



AUGUSTINUS BADER X LEEU SPA

The Glow

45min | R 2 000

Illuminate | Hydrate | Restore

Cupping | Fascia Release | Cryotherapy

The Method

60min | R 2 700

Contour | Brightening | Strengthen

Enzymatic Exfoliation | Micro-Current | Lymph Drainage

The Sculpt

90min | R 3 200

Lift | Define | Sculpt | Regenerate

Nano-Needling | High Frequency | Collagen Mask

The Augustinus Bader Signature Ritual

120min | R 5 200

Transform | Restore | Regenerate | Radiate

The Augustinus Bader Hair & Scalp Ritual | Micro-Needling | Hydrogel Eye Treatment

THE COLLECTION OF JOURNEYS

Every journey begins differently.
Sometimes the body asks for stillness.
Sometimes it seeks movement.
Sometimes it simply needs to be held.
Choose the time you have.
We will meet you there.

The oldest architecture is written in light.
Geometry gives it form.
Shadows give it breath.





Moments

Sometimes, all the body asks for is a pause

45min | R | 500

Still Waters - Rest, Sleep, Quiet

A deeply calming ritual created to quiet the nervous system and invite profound rest through intentional human touch.

Back Massage | Botanican CBDa Oils | Sound Therapy

Release - Comfort, Soften, Move

A restorative upper-body ritual that releases muscular tension, improves mobility and restores ease where the body holds it most.

Back, Neck & Shoulders | Pressure Points | Massage

The First Rain - Renew, Awaken, Breathe

Inspired by the scent of rain falling across the Cape landscape, this deeply nourishing Japanese-inspired water ritual is devoted to the scalp, hair and eyes.

Head & Hair | Japanese Head Spa | Hair Nourishment

Resonance - Vibration, Balance, Restore

A fully clothed vibrational therapy where weighted tuning forks and intentional touch invite the body back into harmony.

Sound Therapy | Reflexology | Organic Aromatherapy

Harmony

When rhythm returns, healing begins

60min | R 2 000

Rhythm Of The Vineyard - Breathe, Unwind, Flow

Inspired by the gentle rhythm of the surrounding vineyards, deep, flowing movements release held tension, restore circulation and invite the body back to its natural pace.

Full Body | Warm Flora Capensis Oil Pouring | Massage

The Alchemist - Create, Blend, Nourish

Your ritual begins by creating your own botanical body polish from indigenous herbs, salts and oils. Crafted by your own hands, it becomes part of a deeply restorative full-body journey.

Botanical Back Massage | Create-Your-Own Botanical Polish | Full-Body Exfoliation

Earth - Ground, Root, Belong

A mineral-rich cocoon inspired by the healing intelligence of the earth. Dry body brushing, warm herbal poultices and stimulating marma point massage leave you grounded and connected.

Full Body | Mineral Body Wrap | Warm Scalp Compress

Scalp & Sole - Quiet, Soothe, Release, Restore

A restorative scalp and sole ritual devoted to easing tension held within the head, jaw and shoulders while calming the nervous system through the feet.

Acupressure Lower Leg Massage | Third-Eye Oil Pouring | Craniosacral-Inspired Holds





Immersion

Some journeys ask you to go a little deeper

90min | R 2 800

The Migration - Move, Release, Flow

Inspired by the effortless movement found throughout nature, this immersive body ritual encourages fascia, lymph and breath to move together once more.

Full Body | Flora Capensis Warm Oil | Massage

The Cocoon - Warm, Hold, Become

An enveloping ritual created for complete surrender. Warmth, botanicals and therapeutic touch invite profound restoration while supporting the body's response to stress and hormonal change.

Abdominal Infused Clay Wrap | Heated Poultices | Slow Therapeutic Massage

The Remembering - Return, Restore, Reconnect

The signature Leeu Spa body ritual.

Create your own blend of oils and exfoliation in this intuitive full-body experience that guides the body back to comfort, presence and ease.

Leeu Touch Method Massage | Botanical Exfoliation | Hair & Scalp Therapy

Augustinus Bader Head Spa Journey - Release, Soothe, Renew, Flow

An Augustinus Bader deeply nourishing Japanese-inspired water ritual. We devote our time to the scalp, hair and nervous system through rhythmic cleansing, therapeutic touch and restorative care.

Japanese Head Spa | Facial Therapy | Hair Nourishment

The Beauty Atelier

Finishing Touches

Beauty lives in the smallest details

45min | R 850* 60min | R 1 500

*The Botanist**

A restorative hand or foot ritual with botanical scrub, pressure point massage and nail tidy.

The Gardener

A restorative hand or foot ritual with gel or polish application, followed by a luxurious botanical scrub.

Little Humans

Where wonder leads the way.

30min | R 550 60min | R 1 000

Inspired by nature, play and imagination, each experience gently introduces children to wellbeing through sensory discovery, botanical craft and intentional human touch. Because every great journey begins with wonder.

Little Hands - Feel, Discover, Create

A playful sensory hand ritual introducing little ones to the calming power of touch through textures of mud, botanical scrub and warm wax.

The Little Botanist - Wonder, Explore, Grow

A nature-inspired experience where children discover aromas. Choose your own botanicals and aromatherapy aromas to create your own signature scrub. A beautiful, gentle foot polish and nail tidy, followed by a botanical massage.

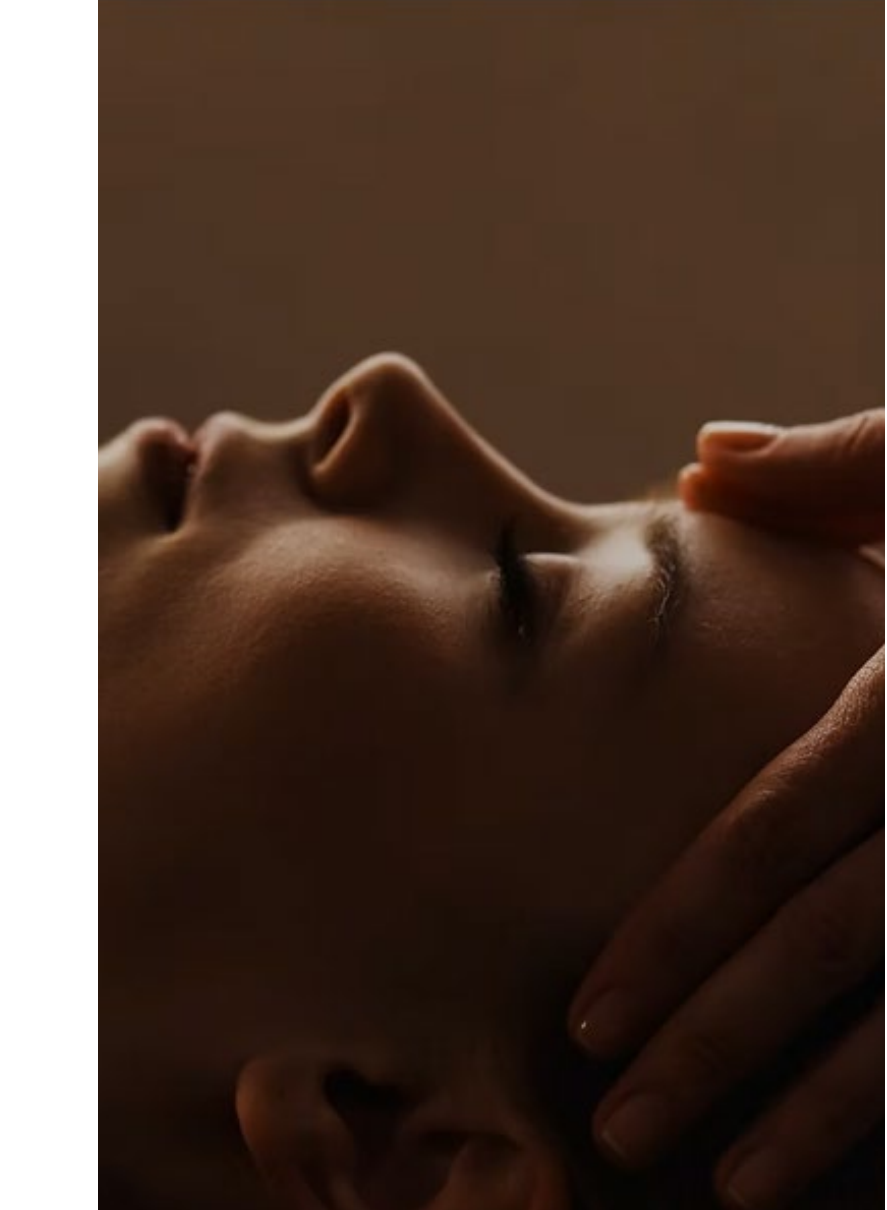


DESTINATION RITUALS

Journeys that are uniquely Leeu

Where mountains meet the sky, the landscape becomes a mirror.
In its quiet reflection, we remember who we are.





Hildegard's Intuitive Journeys

45min | R 1 800 90min | R 3 200 120min | R 4 500

Created intuitively for the individual. There is no prescribed sequence. No two journeys are ever the same. Your body tells a story long before words do.

Following a personal consultation, Hildegard intuitively curates a ritual using her master crafters, Augustinus Bader, Wild Olive Artisans and Lyma Laser Pro. The body leads. The hands listen.

The Art Of Living Journey

A day devoted to the art of living beautifully.

120min | R 5 200 per guest

Restore | Nourish | Savour | Remember

A half-day immersion celebrating touch, craftsmanship and the beauty of the Cape Winelands. Your experience begins with a Flora Capensis botanical body polish, followed by The Leeu Touch Method back of body therapy. It quietly continues with Augustinus facial therapy.

Continue your journey with poolside relaxation, followed by a leisurely two-course lunch at The Dining Room.

120min Spa Ritual | Poolside Relaxation | 2-Course Lunch

Limited to four guests per day. Weather permitting.



Every garden is an act of geometry.
Every sculpture an act of stillness.
Every ritual an act of remembering.

Before Your Journey

The smallest details help create the most meaningful experiences.

Arrival

We invite you to arrive 30 minutes before your scheduled journey, allowing time to slow down, settle in and fill in our guest consultation form. Kindly note that late arrivals will affect ritual duration.

Facilities

Our spa facilities have been thoughtfully designed to become part of your experience. Guests enjoying a treatment are warmly invited to make use of our indoor heated plunge pool, relaxation lounge, and infrared Himalayan salt steam rooms, located within both our ladies' and gentlemen's changing areas.

The 15-meter outdoor swimming pool is exclusive for Leeu Estates guests and not accessible for non-resident guests.

Each treatment is performed on handcrafted Italian LEMI treatment beds within one of our four beautifully appointed treatment rooms, including two couples' suites and two individual treatment rooms.

Our Beauty Atelier offers two manicure tables and two luxury pedicure chairs, creating a quiet space dedicated to the art of beautiful hands and feet.

Cancellation Policy

Should your plans change, we kindly request 24 hours' notice to amend or cancel your reservation. Cancellations received within 24 hours may incur the full treatment fee.

Little Humans Policy

Young guests (aged 5 - 12) are warmly welcomed to experience our Little Humans Collection. These rituals are enjoyed in our Beauty Atelier. For all Face and Body treatments, children under the age of 16 years must be accompanied by a parent or guardian.

Leeu Spa Guest Invitation

For those wishing to share the gift of restoration, Leeu Spa Guest Invitations are available for all journeys and may be beautifully presented for birthdays, celebrations or simply because someone deserves to be cared for.

Journey Prices

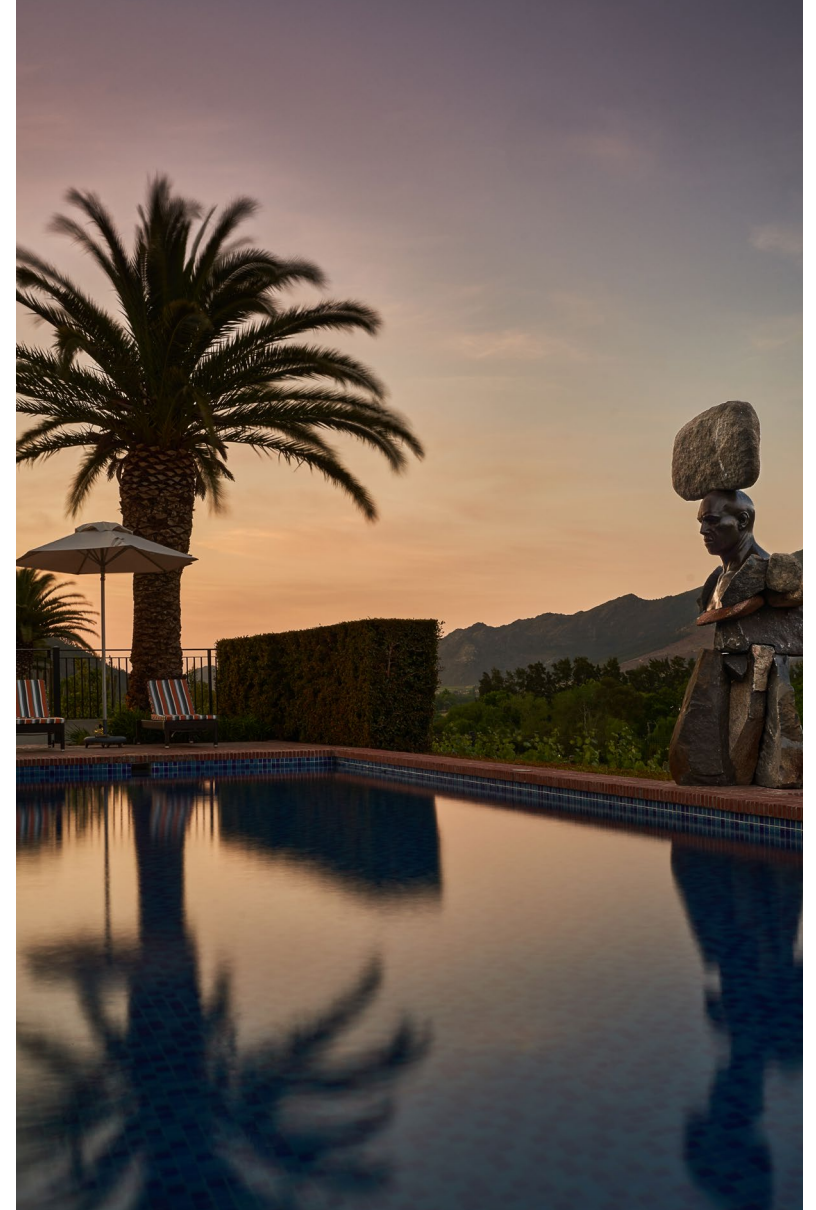
All prices are listed in South African Rand and is subject to change without prior notification. Gratuities are not included and are welcome at your discretion.

Booking Confirmation

Please note, in order to secure your reservation, we require a 50% deposit. An international surcharge of R250 will apply for payments made by bank transfer or Forex.

Opening Hours

Daily 09:00 – 18:00



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